

COLOR RUN

This is a fun outdoor activity to get your child(ren) moving during this time!

Equipment needed:

5 different colored markers, crayons, or colored pencils

Index card, or slip of paper

Cones, flags, or other yard markers (chairs,towels,etc)

Instructions:

Your child(ren) will be running to these markers and putting either a dot, line, or scribble on his or her piece of paper to indicate that they've found each color.

This activity is more fun with more than one child and made into a competition. This is a great way for mom or dads to get active as well!

