

# September



# 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <b>Labor Day</b>	5 9:30-Chair Yoga 5:00-Evening Line Dance	6 9:00-Canasta 10:00-Scrabble	7 9:30-Sit Fit 10:30-Bingo 2:00-Silver Liners	8	9
10	11 5:00-Evening Line Dance	12 9:30-Chair Yoga 10:30-Field Trip to Pinspiration 5:00-Evening Line Dance	13 9:00-Canasta 10:00-Scrabble	14 9:30-Sit Fit 10:30-Bingo 11:30-Lunch:Tailgate 2:00-Silver Liners	15	16
17	18 5:00-Evening Line Dance	19 9:30-Chair Yoga 5:00-Evening Line Dance	20 9:00-Canasta 10:00-Scrabble	21 9:30-Sit Fit 10:30-Bingo 2:00-Silver Liners	22	23
24 	25 5:00-Evening Line Dance	26 9:30-Chair Yoga 5:00-Evening Line Dance	27 9:00-Canasta 10:00-Scrabble	28 9:30-Sit Fit 10:30-Bingo 2:00-Silver Liners	29 Field Trip Friday- 11:00-Lunch at Coleman House	30

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